Steps to Complete and Submit: <u>Symptom Survey</u>

1.	Connect to the Symptom Survey link shown below:
	https://my.standardprocess.com/Systems-Survey
2.	Reflecting on the symptoms you have had in the last month and/or are currently experiencing: Follow the survey directions at the top of the page ranking your symptoms using this scale: (scale is posted at the top of each page)N/A : Not Applicable 1 = MILD symptom (rarely occurs) 2 = MODERATE symptom (occurs several times a month) 3 = SEVERE symptom (occurs almost constantly)
3.	Complete each of the survey sections clicking " NEXT " at the bottom of each section.
4.	When you have completed 15 of the 15 sections: click "SUBMIT"
5.	The screen will refresh showing a completed survey form.
6.	At the top of the completed format please add: Your Name Age Health Care Professional: leave blank
7.	Using your computer system: Download the completed form as a PDF.
8.	Create an email to : <u>Natalie@juszczykchiropractic.com</u>
9	Attach the survey PDF that you just created to the email.
10.	You are welcome to type a message in the email, if you wish.
11.	Press "SEND" to complete your email communication.

Once you have completed and emailed the Symptom Survey, our Nutrition Specialist, Natalie, will call you within one week to make an appointment for your Nutritional Exam.